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Post-Session Sanitation Checklist

Practitioner Sanitation:

- Upon leaving the treatment room, wash hands thoroughly up to the elbows using WHO guidelines for best practices.
- Once the client leaves, remove personal protective equipment (PPE):
 - Dispose of gloves
 - Remove your uniform shirt or apron, folding it in on itself and keeping the soiled surfaces inside. Place in a lidded container for daily laundry.
 - Remove mask
 - Redress in a clean uniform
 - Again, wash hands thoroughly, or apply an alcohol-based hand sanitizer
- Apply a fresh pair of gloves to begin room sanitation.

Room Turnover Sanitation:

- If you have windows, open them immediately.
- Remove used linens, towels, and other draping, including blankets, and client draping for each treatment. Fold linens in on themselves and place in lined, lidded receptacle positioned outside the treatment space.
- Use hospital grade, EPA-approved disinfectants to clean anything the client came in contact with including your station, chair, rolling carts, table, doorknobs, implements, storage containers, etc.
- Clean all equipment, devices, and surfaces:
 - Hard (Non-Porous) Surfaces: If surfaces are dirty, clean using a detergent or soap and water prior to disinfection. For disinfection, use EPA-approved disinfectants.
 - Soft (Porous) Surfaces: Remove visible contamination and clean with appropriate cleaners indicated for use on these surfaces. After cleaning, if the items can be laundered, launder items in accordance with the manufacturer's instructions using the warmest appropriate water setting for the items and dry items completely.
 - Implements: Clean the item with hot, soapy water to remove any physical debris. Rinse and dry the implement completely. Follow by spray, wipe, or immersing the implement in an EPA-registered disinfectant for the full contact time as stated by the manufacturer's directions.
 - Electronics: Clean the implement with a spray or wipe to remove any physical debris. Follow with an EPA-registered disinfectant spray or wipe for the full contact time as noted by the manufacturer's directions.
- Repeat hand-washing protocol and reset table and treatment space for next client.
- Throughout the day and between clients, continue to wipe down bathroom surfaces (doorknobs, toilet handles, sink areas, light switches, etc.), reception-area countertops, point-of-sale equipment, and chairs (arm rests).

End of Day Sanitation:

- Empty all trash cans; use cleaning cloths to wipe the inside and outside of the trash can thoroughly.
- Do end of day post-client cleaning, and include the phone, keyboard, thermometer, light switches and doorknobs, as well as the bathroom and any other surfaces clients came in contact with.
- Remove bagged laundry from dirty bin for washing and replace hamper with new liner.